

THE SUN INN NORWOOD

MENU

BAR SERVICE ONLY

Due to the way our food is prepared it is not possible for us to guarantee the absence of allergens in our meals, and therefore we do not make a "Free From" claim. Our allergen information only states allergens if they are an ingredient of a menu item.

We do have a separate allergen information sheet and also a separate gluten free menu. Please ask staff for details



Vegetarian choice



Vegan choice

N & F WALKINSHAW T/A THE SUN INN

THE SUN INN, BRAME LANE, NORWOOD,
HARROGATE, HG3 1SZ

+44 01943 880220

info@thesun-inn.co.uk

STARTERS all served with a salad garnish.

Mozzarella Sticks  £5.60
Mozzarella cheese coated in garlic breadcrumbs, served with a choice of Sweet Chilli, Garlic Mayo or BBQ dip.

Cheese Bites  £5.60
Soft cheese in a sweet piquante pepper coated in panko crumb served with a choice of Sweet Chilli dip or Chilli Jam.

Chicken Goujons £5.60
Chicken breast fillets in a gluten free breadcrumb served with a choice of Sweet Chilli, Garlic Mayo or BBQ dip.

Hot & Spicy Mini Chicken Fillets £5.85
Mini chicken fillets in a hot & spicy coating served with Chilli Jam

Duck Spring Rolls £5.90
Shredded duck & onion infused with a hoisin sauce served with either a Sweet Chilli or Garlic Mayo dip.

Sharing Platter £13.50
Choose any 3 starters along with 2 dips to share.
N.b. this selection is served on a single plate, please ask if you require additional side plates.

Jacket Potatoes from £4.55
All served with salad garnish, butter portions & homemade coleslaw

Garlic & Herb King Prawns £6.35
King prawns marinated with garlic & herbs, coated in breadcrumbs served with Sweet Chilli or Garlic Mayo dip.

Onion Bhajis  £5.55
Served with Mango Chutney or Mint & Yoghurt dip.

Vegetable Pakoras  £5.55
Served with Mango Chutney or Mint & Yoghurt dip.

Falafel Bites  £5.85
Sweet potato, chickpea & red pepper, blended with Indian spices served with a Sweet Chilli dip.

Shredded Chicken Strips £5.85
A choice of Salt & Pepper or Salt & Chilli served with a Sweet Chilli or Chilli Jam or BBQ served with a BBQ dip.

Toppings £1.50 each
Choose from: Cheese, Tuna, Bacon, Chilli or Baked Beans

BASKET MEALS

a simple basket of chips topped with...

3 Sausages	£7.15
Beef Chilli	£8.55
Scampi	£9.45
Southern Fried Chicken	£9.25
Hunters Chicken	£9.95
Kickass Chicken	£9.95

MAINS

Homemade Steak Pie £12.50

Served with vegetables & either chips, jacket or mash.

Available as a lighter bite option for £9.75

Homemade Chilli £10.50

Served with chips or rice (both +£1.50) & salad garnish

Add a couple of pieces of garlic bread for £1.50

Hunters Chicken £12.45

Served with chips, jacket or mash & salad garnish

Sausage & Mash £10.25

Served with onion gravy

Gammon Steak £12.75

Served with chips or jacket, egg or pineapple (both + £1.50) & garden peas

Available as a lighter bite option for £9.95

Smoked Haddock Fishcakes £9.95

Smoked haddock & spring onion fishcakes served with chips, garden peas & a salad garnish

Haddock & Chips £13.65

Served with either garden or mushy peas

Available as a lighter bite option for £10.65

Chickpea & Sweet Potato Curry £10.25

Chicken Tikka Massala £10.25

Vegan Lincolnshire Sausages £10.25

Served with mushy peas & chips

Homemade Lasagne £12.25

Served with chips, jacket or garlic bread & a salad garnish

Available as a lighter bite option for £9.75

Kickass Chicken £12.75

(Cajun spiced chicken topped with beef chilli & cheese), served with chips, jacket or mash & a salad garnish

Vegetable Sausage & Mash £10.25

Served with vegetarian gravy

Rump Steak £12.75

Served with chips or jacket, homemade onion rings, garden peas & salad garnish

Wholetail Whitby Scampi £10.95

Served with chips, garden peas & salad garnish

Available as a lighter bite option for £9.95

Red Thai Vegetable Curry £10.25

All curries are served with chips or rice (both + £1.50)

Add a naan bread for £1.75

Spinach & Ricotta Cannelloni £10.25

Served with chips or jacket & a salad garnish

YORKSHIRE PUDDINGS

Large Yorkshire pudding filled with...

Gravy	£5.25	Homemade beef chilli	£8.45
3 Sausages & gravy	£7.45	Kickass chicken	£9.45
Beef & gravy	£8.25	Vegetable sausages & vegi gravy	£8.25
Chicken Fillet & gravy	£8.75	Vegetables & vegi gravy	£7.95

EXTRAS / SIDES

Handful of chips	£2.00	Halloumi fries	£4.25	Basket of garlic bread	£3.95
Basket of chips	£4.50	Portion of mash	£2.75	Homemade onion rings	£4.75
Basket of cajun chips	£4.75	Portion of veg	£2.75	Homemade coleslaw	£1.75
Basket of cheesy chips	£5.25				

KIDS

Chicken goujons meal

Fish finger meal

Sausage meal

Above all served with chips or mash & beans or
garden peas

Yorkshire pudding, sausage & mash with gravy

Fish & chips with garden peas

Cheese or Pepperoni pizza & chips

Beef burger

Cheese burger

Bacon sandwich

Sausage sandwich

Fish finger sandwich

Cheese sandwich

Tuna sandwich

All above served with chips

All kids meals £4.50

SANDWICHES

all served in a white bread bun with salad garnish & homemade coleslaw unless stated

Cheese	£4.95	Steak & onion	£7.45
Tuna mayo	£4.95	Hot chicken fillet	£7.45
Bacon (no salad etc)	£4.75	Hot cajun fillet	£7.75
Sausage (no salad etc)	£4.75	Southern fried chicken fillet	£7.45
Hot pork with stuffing or apple sauce	£6.45	Chip buttie (no salad etc)	£3.45
Fish fingers	£6.45	Fish buttie (no salad etc)	£7.95


HOT CIABATTA ROLLS

all served with salad garnish & homemade coleslaw

Tuna & cheese	
Cheese & tomato	All £6.95
Bacon & cheese	
Southern fried chicken	
Vegan chicken, lettuce & sweet chilli	




WRAPS

all served with salad garnish & homemade coleslaw

Breaded chicken	£6.75	All wrapped up with lettuce & a choice of sweet chilli, garlic mayo or bbq sauce
Southern fried chicken	£6.95	
Chicken tikka strips	£6.45	
Plant based chicken style goujons	 £6.95	Plant based wrapped with lettuce & a choice of sweet chilli, bbq or chipotle mayo

BURGERS

all served in a white bread bun with salad garnish & homemade coleslaw

Beef burger	£7.25	add cheese, bacon, chilli or pineapple for £1.50 each
Spicy bean burger 	£7.25	
Flamin nacho burger 	£7.25	
Cauliflower, kale & oak smoked cheddar burger 	£7.25	

You can add a handful of chips to any sandwich, wrap, ciabatta or burger for just £2.00

DESSERTS

all served with cream, ice cream or custard where applicable

Cheesecake - ask at the bar for availability £4.50


Hot chocolate fudge cake £4.50

Sticky toffee pudding £4.75

Jam roll poly £4.75

Apple strudel £4.95

Crumble - ask at the bar for availability £4.75

Vegan sticky toffee square  £4.75

Sweet belgian waffle £4.45


Chocolate brownie £3.95

Vanilla dairy ice cream 2 Scoops £1.75 4 Scoops £3.50

Single flavoured dairy ice cream 2 Scoops £2.45 4 Scoops £4.90

Mixed flavours dairy ice cream 2 Scoops £2.50 4 Scoops £5.00

Ask at the bar for flavour choice

Vegan ice cream  2 Scoops £2.45 4 Scoops £4.90

Vanilla, Chocolate or Strawberry available