

THE SUN INN
NORWOOD

Sunday Menu

BAR SERVICE ONLY

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals and we do not make a “free from” claim. Our allergen information only states allergens if they are an ingredient of a product

We have a separate Allergen sheet & also a separate Gluten Free menu available should you be affected by allergies, please ask a member of staff for details



N & F WALKINSHAW T/A THE SUN INN, NORWOOD

BRAME LANE, NORWOOD, HARROGATE, HG3 1SZ

+44 1943 880220

info@thesun-inn.co.uk

STARTERS

Breaded Mozzarella Sticks (V) £5.50

Mozzarella sticks coated in a garlic flavoured breadcrumb, served with a sweet chilli dip or garlic mayo

Cheesy Bites (V) £5.50

Soft cheese coated with a light panko breadcrumb, served with a sweet chilli dip or garlic mayo

Chicken Goujons £5.55

Chicken breast fillets, coated in crispy golden gluten free breadcrumbs, served with a sweet chilli dip or garlic mayo

Shredded Chicken Strips £5.75

Choose from either...

Salt & Pepper, Salt & Chilli or BBQ

Salt & Pepper & Salt & Chilli served with a Chilli Jam,

BBQ served with BBQ Sauce

Hot & Spicy Chicken £5.75

Chicken mini fillets in a hot & spicy coating served with chilli jam

Falafel Bites (ve) £5.45

Sweet potato, chickpeas & red pepper, blended with Indian spices, served with a sweet chilli dip

Duck Spring Rolls £5.85

Shredded duck & onion combined with sweet hoisin sauce, served with a sweet chilli dip or garlic mayo

Garlic & Herb King Prawns £6.25

Succulent king prawns marinated with garlic & mixed herbs, covered in crisp golden breadcrumbs, served with a sweet chilli dip or garlic mayo

Onion Bhajis (ve) £5.45

Served with mango chutney or mint & yoghurt dip

Vegetable Pakoras (ve) £5.45

Served with either mango chutney or yoghurt & mint dip

SHARING COMBINATION £12.75

Choose any 3 starters from above along with 2 dips to share, this selection is served on a single plate, please ask if you require extra plates.

All our starters are served with salad garnish, other dips are available.



BASKET MEALS

Sausages £6.95

Homemade Beef Chilli £8.45

Scampi £9.45

Southern Fried Chicken £9.25



Jacket Potatoes from £4.55

Served with salad garnish, homemade coleslaw & butter portions

Toppings £1 each

Choose From : Cheese, Bacon, Beans, Chilli, Tuna

MAINS

The Carvery


Available from 12pm until 4pm unless sold out before

Large Plate	£13	2 Course £16*	3 Course £19*
Small Plate	£7	2 Course £10*	3 Course £13*

Vegetarian options : Vegetable Sausages or Vegan Lincolnshire Sausages (Please state at the bar which option is required)

Generally a choice of Beef, Pork & Gammon, with Vegetables, Roast & New Potatoes, Yorkshire Puddings, Stuffing, Cheese sauce and Gravy. **Extra Plates Will Not Be Provided!**




*Excludes Sharing Combination

 Gluten Free Yorkshire Puddings are available, Please state at the bar when ordering if you require this option, we will supply 2, all other items apart from stuffing & cheese sauce are Gluten Free



We are unable to guarantee availability later in the day of all items so please check before purchase!

YOU MUST ORDER YOUR CARVERY FROM THE BAR

upon ordering a carvery you will be given a buzzer, please remain seated until your buzzer is activated, at that point you may approach the carvery and be served. This is to keep queuing to a minimum.

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Homemade Lasagne	£11.75
Served with a choice of chips, jacket or garlic bread & a salad garnish	
Smoked Haddock & Spring Onion Fishcakes	£9.95
Served with salad, chips & garden peas	
Vegan Lincolnshire Sausages 	£9.95
Served with chips & mushy peas	
Chickpea & Sweet Potato Curry 	£9.95
Served with rice, chips or both + £1.50	
Spinach & Ricotta Cannelloni 	£9.95
Served with chips or jacket & a salad garnish	

Sandwiches

Cheese 	£4.95	Steak & Onion	£7.25
Tuna Mayo	£4.95	Hot Chicken (add cajun spice 25p)	£7.45
Bacon * (No Salad Etc)	£3.95	Southern Fried Chicken	£7.45
Sausage * (No Salad Etc)	£3.95	Chip Butty *  (No Salad Etc)	£3.45
Fish Fingers	£6.25		




Wraps all £6.75

A Tortilla wrap with lettuce and a choice of Sweet Chilli, Garlic Mayo, Chipotle Mayo or BBQ Sauce

Breaded Chicken or Southern Fried Chicken

Chicken Tikka

Plant Based 'Chicken Style' Goujons with Sweet Chilli Sauce or Chipotle Mayo 


Tuna Mayo (No Sauce Option)





Burgers all £6.95

Beef Burger

Add Cheese, Bacon, Chilli, Pineapple for £1 each

 Spicy bean burger (red kidney beans, carrot, onion & green peppers with a mild Mexican seasoning in crispy crumb) served on a bed of lettuce

 Cauliflower, kale & oak smoked cheddar burger served on a bed of lettuce

 Flamin nacho burger (black turtle beans, sweetcorn, jalapeno, red pepper & mozzarella in a tortilla corn & chillie crumb) served on a bed of lettuce



All Sandwiches, Wraps & Burgers are served with salad garnish, dressing and coleslaw unless otherwise stated

Add a handful of chips to any for £2.00

Yorkshire Puddings

Gravy	£5.25	Homemade Beef Chilli		£8.15
Sausages & Gravy	£6.95	Vegetable Sausages & Gravy	Ⓥ	£7.95
Beef & Gravy	£7.95	Vegetables & Vegetarian Gravy	Ⓥ	£7.45
Chicken Fillet & Gravy	£8.65			



EXTRAS

Handful of chips	£2.00
Halloumi fries	£3.95
Basket of chips	£4.25
Basket of cajun chips	£4.25
Basket of cheesy chips	£5.25
Portion of mash	£2.75
Portion of vegetables	£2.75
Homemade coleslaw	£1.75

Kids all £4.45

Chicken Goujons

Fish Fingers

Sausages

All above served with chips or mash &
beans or peas

Yorkshire Pudding with Sausage, Mash & Gravy

Fish & Chips with garden peas

Pizza & Chips (Cheese or Pepperoni)

Beef Burger

Cheeseburger

Bacon Sandwich

Sausage Sandwich

Fish Finger Sandwich

Cheese Sandwich

Tuna Sandwich

All above served with chips



Desserts

Served with Cream, Ice Cream or Custard where applicable

Cheesecake - Ask at the bar for availability £4.50

Hot Chocolate Fudge Cake £4.50

Sticky Toffee Pudding £4.75 - Date & toffee flavoured sponge with a sticky toffee sauce

Jam Roly Poly £4.75 - Suet rolled pudding with a strawberry jam filling

Apple Strudel £4.85 - Crown of filo pastry, spiced apple and moist almond flavour sponge

Crumble £4.75 - Ask at the bar for availability

Vegan Sticky Toffee Square £4.45 - sponge with a sticky toffee sauce topping , Served with vegan ice cream 

Sweet Belgian Waffle £4.45 - vanilla flavour sweet waffles topped with vanilla ice cream & fruit coulis

Chocolate Brownie £3.45

Kids Novelty Ice Cream Figure £2.50

Vanilla Dairy Ice Cream £1.75 (2 Scoops) / £3.50 (4 Scoops)

Flavoured Dairy Ice Cream £2.25 (2 Scoops) / £4.00 (4 Scoops) - Same Flavour

Mixed Bowl Ice Cream £2.50 (2 Scoops) / £4.25 (4 Scoops) - Choose any 4 Flavours

Vegan Ice Cream £1.75 (2 Scoops) / £3.50 (4 Scoops) Vanilla, Chocolate, Strawberry 